



September	
2nd-6th	SAR members will be on a walking trip to the Mountains of Mourne in NI
12th (Thur)	This evening we will hold a shorter social ramblefrom Gustard Wood
22nd (Sun)	We will have a 9.5 mile walk around Flamstead
18th (Wed)	This month's morning walk will take in a stretch of the River Ver
29th (Sun)	Today the Sunday morning walk will take in Harpenden and Wheathampstead
October	
2nd-6th	A group of SAR members will be on a walking trip based in Torquay
9th (Wed)	The morning 5 miles walk will visit Kimpton
13th (Sun)	An all day walk will be held today
16th (Wed)	There will be a short social morning walk toady at Chiswell Green
27th (Sun)	Our Sunday morning TRIMblers will be found around Heartwood Forest
November	
10th (Sun)	today is our day walk of around 12 miles from Wheathampstead
14th (Thur)	There will be a short social walk this morning followed by lunch
20th (Wed)	This morning's walk will be around Ashridge and Frithden
24th (Sun)	This Sunday's leg stretching brisk walk will be around Verulam & Chiswell
December	
3rd (Tue)	The SAR winter social will be held this evening
8th (Sat)	There will be a day walk held today
18th (Wed)	A morning walk along the River Ver
26th (Thur)	There will be a Boxing Day walk held this morning
29th (Sun)	Today we are hoping to hold a pre New Year brisk TRIMble
January 2025	
11/12	We will hold a 10 mile walk on either Saturday or Sunday this weekend
14/15/16	There will be a 6 mile morning walk this week
26 (Sun)	Back to Harpenden for our 7 mile mile Sunday Morning brisk leg-stetcher