

December	
3rd (Tue)	The SAR winter social will be held this evening
7th (Sat)	We will walk from Newgate Street , Essendon and Little Berkhamsted, 11 miles
18th (Wed)	A morning walk along the River Ver
26th (Thur)	There will be a Boxing Day walk held this morning
29th (Sun)	Today we will hold a pre New Year Quick 10k leg stretcher
January 2025	
12 (Sun) We will hold a 10 mile walk today from Chipperfield	
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15 (Wed)	There will be a 6.5 mile mid week morning walk from Tewin
22nd (Wed)	We will have a hort social walk this morning of around 4 miles from Roundbush
26 (Sun)	Back to Harpenden for a Quick 11k Sunday Morning circuit
February	have will be a decouple to decide the sector of the theory
8 (Sat)	here will be a day walk today in Hampsted Heath and Highgate
18 (Tue)	We will hold a morning walk of around 6 miles
23 (Sun)	Todays Quick 10k leg stretcher will commence at Batchwood
27 (Thur)	There will be a short social walk today
March	
8th (Sat)	There will be a 10-12 mile walk today
20th (Thur)	This morning we will have a morning walking the lovely Aldbury/Ashridge circuit
26th (Wed)	This evening SAR will hold its AGM
30th (Sun)	Back to Hertwood Forest this morning for a Quick 11k walk
April	
1 (Tue)	We will have our 1st evening walk of the year lasting around 5 miles
4-6	A group of SAR members will spend the weekend on walks around Weymouth
13 (Sun)	Today we have the penultimate leg of the Capital Ring series of walks
16 (Wed)	This morning will find SAR members walking in Pegsdon and Deacon Hills
27 (Sun)	This months Quick 10k Sunday outing will be in Harpenden & Wheathhampstead
May	
1 (Thur)	This evening's walk will commence at Drop Lane
4-11	A group of SAR members will be walking in the Pyrenees this week
18 (Sun)	Today's day walk will be the Coombe Hill circular
22 (Thur)	Our quilified quide member will lead us though an area of London
25 (Sun)	Todays Quick 11k fitness walk will be around Verulam and Chiswell