

5 Month Activity Programme February - June 2025**February**

- 8 (Sat) There will be a day walk today in Hampsted Heath and Highgate
18 (Tue) We will hold a 6 mile morning walk of around Digswell Loop
23 (Sun) Today's Quick 10k leg stretcher will commence at Batchwood
27 (Thur) There will be a short social walk today at Wheathampstead

March

- 8th (Sat) There will be a 10-12 mile walk today at Newgate Street
20th (Thur) This morning we will be walking the lovely Aldbury/Ashridge circuit
26th (Wed) This evening SAR will hold its AGM
30th (Sun) Back to Hertwood Forest this morning for a Quick 10k walk

April

- 1 (Tue) We will have our 1st evening walk of the year around Harpendenbury
4-6 A group of SAR members will spend the weekend on walks around Weymouth
13 (Sun) Today we have the penultimate leg of the Capital Ring series of walks
16 (Wed) This morning will find SAR members walking in Pegsdon and Deacon Hills
27 (Sun) This month's Quick 10k Sunday outing will be Harpenden/Wheathampstead

May

- 1 (Thur) This evening's walk will commence at Drop Lane
4-11 A group of SAR members will be walking in the Pyrenees this week
18 (Sun) Today's day walk will be the Coombe Hill circular
22 (Thur) Our qualified guide member will lead us through an area of London
25 (Sun) Today's Quick 11k fitness walk will be around Verulam and Chiswell
28 (Wed) We will hold our short social walk of approximately 3 miles this morning

June

- 4 (Wed) An evening walk of around 5 miles will be held
8 (Sun) The final leg of the Capital Ring circuit will be undertaken
18 (Wed) There will be a local morning walk held today
25 (Wed) There will be a morning short social walk around Sandridge, about 3 miles
29 (Sun) There will be a brisk Sunday morning leg-stretcher at Chiswell Green
30 - 6 Jul A group of SAR members will be walking the Pembroke Coastal Path