

**5 Month Activity Programme March - August 2025****March**

- 8th (Sat) There will be a 10-12 mile walk today at Newgate Street  
20th (Thur) This morning we will be walking the lovely Aldbury/Ashridge circuit  
26th (Wed) This evening SAR will hold its AGM  
30th (Sun) Back to Hertwood Forest this morning for a Quick 10k walk

**April**

- 1 (Tue) We will have our 1st evening walk of the year around Harpendenbury  
4-6 A group of SAR members will spend the weekend on walks around Weymouth  
13 (Sun) Today we have the penultimate leg of the Capital Ring series of walks  
16 (Wed) This morning will find SAR members walking in Pegsdon and Deacon Hills  
27 (Sun) This month's Quick 10k Sunday outing will be Harpenden/Wheathhampstead

**May**

- 1 (Thur) This evening's walk will commence at Drop Lane  
4-11 A group of SAR members will be walking in the Pyrenees this week  
18 (Sun) Today's day walk will be the Coombe Hill circular  
22 (Thur) Our qualified guide member will lead us through an area of London  
25 (Sun) Today's Quick 11k fitness walk will be around Verulam and Chiswell  
28 (Wed) We will hold our short social walk of approximately 3 miles this morning

**June**

- 3 (Tue) An evening walk of around 5 miles around Batchwood  
8 (Sun) The final leg of the Capital Ring circuit will be undertaken  
18 (Wed) There will be a morning walk held today around Ridge  
25 (Wed) There will be a morning short social walk around Sandridge, about 3 miles  
29 (Sun) There will be a brisk Sunday morning leg-stretcher at Chiswell Green  
30 - 6 Jul A group of SAR members will be walking the Pembroke Coastal Path

**July**

- 3 (Thur) There may be a 5 mile evening walk today  
10 (Thur) We will hold a memorial event this morning with walks and a picnic  
14 (Sun) We are planning a 10-12 mile walk today  
27 (Sun) Our 7 mile (10K) quick leg stretcher will commence at Batchwood

**August**

- 6 (Wed) This evening's 5 mile walk will commence at Shenley  
10 (Sun) We are planning to tackle the challenging Chiltern 3 Peaks 19 mile route  
20 (Wed) We will have a 7 mile morning walk today  
24 (Sun) Our Quick 10k walk will commence at Heartwood Forest