

AWAY TRIPS - 2025

Due to a few recent cancellations, there are spaces on several of the 2025 Away Trips as shown below. If you are interested in joining any of these trips, please contact the organiser whose contact details you will find at the end of the articles below:-

Our remaining 2025 programme comprises:-

Pembrokeshire Coast Path – Monday 30th June to Sunday 6th July – **SPACES AVAILABLE**

Hope Valley, Peak District - Monday 8th to Friday 12th September – **2 SPACES**

Yorkshire Dales and Malham – Friday 10th to Monday 13th October – **2 SPACES**

SPACES AVAILABLE!

Monday 30th June to Sunday 6th July 2025

Pembrokeshire Coast Path (code PC25) MODERATE/CHALLENGING



A seven day linear walk along The Pembrokeshire Coast, beginning in Milford Haven – via Marloes, Broad Haven, St Davids, Trefin, to finish in Fishguard.

The Path takes in some of the most breathtaking coastal scenery in Britain, from steep lime-stone cliffs and undulating red sandstone bays, to volcanic headlands, beaches, estuaries and flooded

glacial valleys. Lying almost entirely within the Pembrokeshire Coast National Park, the trail displays an array of coastal flowers and bird life, as well as evidence of human activity from Neolithic times to the present.

There are train stations in both Milford Haven and Fishguard which take approximately 6 hours travel time from St Albans. Accommodation is in a local hotel with transport to the walk each day. Costs will be approx £1100 sharing and £650 single.

2 SPACES

Monday 8th to Friday 12th September 2025 (code HV25)

Hope Valley, High Peak District

MODERATE/CHALLENGING

Following the success of the very popular trip to Dovedale last year, another trip to the Peak District is being planned. This time it will be to the Hope Valley in the northern area of the Peak District, often referred to as the High Peak.



We plan to stay at the ***Bike & Boot***, a newly built hotel in the Hope Valley that was opened in June 2023.

A possible itinerary for the trip would be:

1. **Arrival Day:** Walk from "Bike & Boot" to Win Hill & return via Aston, or alternatively via Bamford depending on time etc.
2. **Long walk:** Hathersage to Stanage Edge: 9.5 miles / 5 hrs / 1,700ft ascent -
Short walk: Hathersage to Moorseats and/or Brontë Cottage also viewing Little John's grave near South door of St Michael's church, Hathersage.
3. **Long walk:** Edale to Kinder Downfall & Jacobs Ladder: 9+ miles / 5hrs 30min / 1,885 ft ascent.
Short walk: Edale to Jacobs Ladder & return partly on circular route: 5-6 miles.
4. **Long Walk:** Edale to Mam Tor & Rushup Edge: 7 miles / 4 hrs / 1,380ft.
Short Walk: Reservoir circular walk from Info Centre - around Upper Derwent Reservoir or Ladybower Reservoir: 4-5 miles / flat.
5. **Final Morning:** Castleton & Blue John Caverns

The cost for B&B will be in the region of £240 per person for those sharing a double or twin room, or £350 for single occupancy. In addition, there will be the usual £5 per person recce levy.

Dinner is not included in the price but is available in the on-site restaurant and currently costs in the region of £30 for a three-course meal.

2 SPACES LEFT!

Friday 10th October to Monday 13th October 2025 (code YM25)

Yorkshire Dales & Malham Cove **MODERATE/CHALLENGE**

Based at the HF Country House, Newfield Hall, we have the opportunity for up to 30 SAR members, to enjoy a weekend of walking in this wonderful area of Yorkshire, with Malham Cove closeby. For details visit the HF Holidays website.



There will be a choice of two levels of walk each day , led by the Leveys and Huttons details of which will be offered in due course. The area is quite hilly so walks are likely to be moderate to challenging with long walks around 10-12 miles and shorter walks of 6-8 miles. Note that there will be details of shorter walks available at the hotel, so individuals can opt for a self-led short walk independent of the SAR-led walks.

For half board plus packed lunches, the cost of the HF trip is £380. In addition, there will be the usual SAR recce levy of £5 per person, plus an amount to cover gratuities.

AWAY TRIPS 2026

We have pleasure in sharing with you the **Away Trips** programme for 2026.

BOOK NOW!

Friday 13th March to Monday 16th March 2026



We will be based at HF Holidays Country House Abingworth Hall, on the edge of the village of Thakeham, a stone's throw from the South Downs in West Sussex. There will be two levels of walks on both Saturday and Sunday, led by Paul Weaver, Jane Williams and Richard Brailsford, one of circa 12 miles and one of circa 6½ to 7 miles. In addition, details will be available of a number of shorter walks that members may self guide either direct

from the HF house, or after a short drive – these will be easier, flatter, walk options.

It is about a 2 hour drive from the St Albans area, unfortunately, around the notorious M25 on a Friday, so travel in the morning is encouraged if not vital with places of interest for all tastes en route – RHS Wisley for gardeners, NT Polesden Lacey for historic house & garden buffs, Denbies or Nutbourne vineyards for winos, Box Hill if you just want to soak up the glorious views, one or two lovely cafes on the beach for seaside lovers, the local RSPB reserve for twitchers or even the Bluebell Railway for anoraks!



If there is interest, a shorter walk will be organised for the Monday morning, but again, the M25 is not forgiving any afternoon in our experience, so it is suggested to be away from West Sussex by around 1:00pm at the latest, (unless of course you want to stay on, have an early supper and go after 6:30pm!)

The cost of 3 nights dinner, bed and breakfast, and packed lunch, will be circa £300. This includes the SAR recce levy of £5 per person. We hope you can join us. Please pay a deposit of £75 per person by 30th June in the usual way code SD26. We need at least 35 members on this trip to secure sole occupancy of Abingworth Hall, and are confident of reaching this number, judging by the expressions of interest to date.

EXPRESS INTEREST

Friday 8th May to Monday 11th May 2026 (code CC26)
Cotswolds from Cheltenham



From our base at Leonardo Hotel in Cheltenham, we will explore this beautiful area of the Cotswolds.

This is the same hotel used by Ramble Worldwide, for their Heart of the Cotswolds trip. For more information about the hotel and the surrounding area, please follow the link below:-

<https://www.rambleworldwide.co.uk/united-kingdom/england/cotswolds/cheltenham-and->

The walks will be led by SAR members

The cost for 3 nights dinner, bed and breakfast, will be circa £300 (shared basis). This includes the SAR recce levy of £5 per person. We are currently in negotiations with the hotel regarding the single supplement.

Further details will be included in the August Newsletter



BOOK NOW

Sunday 14^h June to Sunday 21st June 2026

Cumbria Way (Ulveston to Carlisle)(code CW26)



MODERATE/CHALLENGING

After many successful treks with Absolute Escapes, most notably the West Highland Way, SAR is now offering a walk right through the heart of The Lake District. For further details follow the link below:-

<https://www.absoluteescapes.com/holidays/cumbria-way/>

Absolute Escapes will organise all of the accommodation and baggage transfers, and provide maps and route information to enable the SAR group to self-guide.

Although the overall classification of this trip is MODERATE/CHALLENGING, several of the days will definitely be challenging, and adverse weather conditions could make any day of the trip challenging. Here is a summary of the distances and amounts of ascent.

Ulverston to Coniston – 15 miles – 640 metres of ascent

Coniston to Great Langdale -12 miles – 500 metres of ascent

Great Langdale to Rossthwaite -10 miles – 650 metres of ascent (Langdale to Keswick)

Rossthwaite to Keswick – 8 miles

Keswick to Caldbeck -15 miles – 890 metres of ascent

Caldbeck to Carlisle -14 miles – 160 metres of ascent

The trek should be within the capabilities of SAR members who completed the West Highland Way trek a couple of years ago, and have maintained their fitness level.

To help prepare for the trip, we plan to include some challenging walks in the SAR programme of day walks, starting with the Chiltern 3 Peaks on 10th August.

The costs will be £1,055 (shared basis) and £1545 (single basis).

September 2026 -Majorca

We are at an early stage of planning a one week trip to the Soller area of Northern Majorca. More details will be provided in the August Newsletter.



Saturday 10th October to Wednesday 14th October 2026 Melrose – Scottish Borders (code MR26)

MODERATE/CHALLENGING



We are at an early stage of planning a 3/4 night trip to Melrose in the Scottish Borders. More details to follow in the August Newsletter.

The rate for dinner bed and breakfast is £176 per person (shared), with a single supplement of £9 per person per night. In addition, there will be the usual SAR recce levy of £5 per person, gratuities, and a share of coach hire costs, taking the total to £350 (shared basis).

The coach will be used for the journey to/from St Albans, and for the duration of the trip.

There will be a moderate and a more challenging walk each day led by SAR members. For those joining the trip requiring easy walks, this will be possible, on the understanding that such walks will be self-guided.