

SAR 3 Month Forward look

All Day walks are generally 10-12 miles, often further afield, occasionally extended to provide an additional challenge (where noted below)

Morning walks are generally 5-7 miles long often followed by an optional pub lunch

Short social walks are generally 3-4.5 miles long at an easy pace followed by an optional café or pub lunch

Quick 10K's are around 7 miles (10-12K) walks offering brisk exercise, finishing around noon

Evening walks are local walks of 4-5 miles

	Date	Day	Walk Type	Location
April	12	Sunday	All Day	Harpenden Loop
	15	Wednesday	Morning Walk	London Colney.
	26	Sunday	Q10K	Batchwood
	30	Thursday	Short Social	Datchwood
May	03	Sunday	All Day	Tewinbury
	8-11	Away	Away	Cotswolds from Cheltenham
	13	Wednesday	Morning	Coleman Green and Brocket Hall
	26-28		Short Social	TBA
	31	Sunday	Q10K	Bricketwood
June	04	Thursday	Evening	Radlett and Shenley
	07	Sunday	All Day	Studham
	10	Wednesday	Morning	Kensworth
	14-21	Away	Away Trip	Cumbrian way
	23-25		Short Social	TBA
	28	Sunday	Q10k	Harpenden